

CARVED IN TIME:

THE FRIENDS WHO MADE US

8TH GRADE



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Texts of 8th grade students

**SEPAM Literature Project
2025 Edition**

TEXTS	8 th grade students
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O Colégio Pontagrossense – SEPAM tem a honra de desenvolver junto aos alunos do ensino fundamental – anos finais o projeto literário Coletâneas Sepam, uma iniciativa que busca estimular os discentes à prática da escrita, mostrando-lhes que cada um possui habilidades e competências discursivas únicas, as quais podem ser vistas e esmiuçadas no texto, visando, sobretudo, valorizá-las.

Desde 2017, o projeto Coletâneas Sepam integra a disciplina de Produção Textual com escritas multifacetadas e gêneros diversificados. A partir de 2019, a língua inglesa entrou em cena, para enriquecer ainda mais as produções. Com propostas inéditas e criativas, os alunos do 8º e 9º ano compõem um livro duplo, ou seja, com duas vertentes, portando textos distintos, em português e inglês.

Neste projeto, a identidade e a subjetividade dos alunos não estão somente na escrita, mas também nas produções artísticas deles, as quais tornam a obra completa mais vivaz e dialógica tanto para quem produz, quanto para quem recebe a mensagem apresentada. Diante desta missão, as aulas de Arte tornam-se verdadeiros ateliês surpreendentes e comprometidos com a proposta do projeto.

Vale ressaltar que o Coletâneas Sepam corresponde a uma ferramenta pedagógica que visa dar asas às palavras tecidas na sala de aula, invadindo outros espaços e encantando desconhecidos leitores, sem deixar à margem a essência e a verdade do aluno escritor, assim como os conhecimentos e as experiências de cada um. Estes são fatores preservados durante as várias revisões, externas e internas, as quais são realizadas durante o processo de construção dos materiais.

O compromisso do Coletâneas Sepam e do Colégio Sepam é respeitar o aprendiz escritor e o processo evolutivo dele, dentro e fora da sala de aula, na formação de uma trajetória incomparável.

Convida-se a todos para embarcarem nesta viagem literária e se permitirem explorar outros mundos, tendo como norteadora uma eficaz ferramenta: a leitura.

Prof. Marcela Marabeli Pagano de Oliveira
Idealizadora do Projeto em 2017

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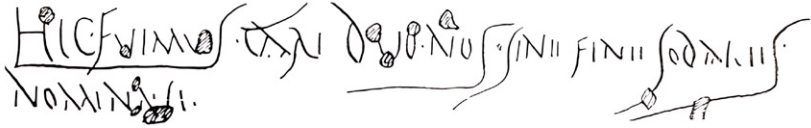
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Preface

Almost two thousand years ago, in the ancient Roman city of Pompeii, someone scratched a short message onto a wall:



Hic fuimus cari duo nos sine fine sodales. Nomina si [quaeris, Caius et Aulus erant].

“We two dear men, friends forever, were here. [If you want to know our names, they are Gaius and Aulus.]”

The bracketed part, with the names “Gaius and Aulus,” does not survive on the wall today. It is a reconstruction supplied by 19th-century scholars and editors, likely based on the metrical form of the elegiac couplet.

We don’t know who the two men really were. Were they neighbors? Classmates? Lifelong companions? All we know is that this simple line has survived volcanic ash, centuries of weather, and the passing of entire civilizations. Today, it remains—a small but powerful reminder that friendship can outlast time itself.

This book is our own version of that wall. Inside, you will find the voices of our 8th-grade students, each sharing a personal story about a friendship they want to keep forever. These pages are filled with moments—funny, heartfelt, and sometimes brief—that show what friendship means to them right now.

Think of this as a time capsule. Years from now, these stories will still be here, ready to remind their writers, and maybe even strangers in the future, of the people who made their lives brighter. Like the graffiti in Pompeii, these words will hold a piece of who we are today.

Mr. Matheus S. Frare
English Teacher



AMANDA AND HELOIZA

The name of my best friend is Heloiza, but everyone calls her Helo. She is very special to me. We met at school, and we've been friends since 2018. She was there for me when I needed someone the most—when I was feeling alone and sad. It was my first day at a new school. That's how we became friends.

When we're not studying, we're playing. We talk about everything, and we've even created hand signals to communicate when we can't speak—which always makes us laugh (something we do a lot!). We help each other because we're always together.

This strong friendship also brought our families closer. My parents are godparents to her siblings.

I love my friend—she's like a sister to me. Of course, every friendship has its fights or arguments, but it's important to remember that we learn from our mistakes. All of our moments—the good and the bad—are important. I hope our friendship lasts forever and that we share many more memories in the future. Our nickname is a combination of our names: “He” from Heloiza and “Ma” from Amanda—Hema.

Friendship is one of the most important parts of life. It gives us comfort, joy, and support when we need it most. I feel lucky to have a friend who has been with me through many important moments.

Dear Helo, if you're reading this, know that I wrote it with a heart full of emotion. I love you. Hema forever!

Amanda Vettorazzi



ANA AND MARINA

I met Marina when I changed schools at the end of 2023 and started studying with her. We didn't like each other at first—quite the opposite, actually. In 2024, I had my best friend, and Marina had hers, but around the same time, we both had fights with our friends and were left without a partner for a school project. I had to invite someone to go to the mall, but I accidentally sent the message to Marina. Since she had already seen it and said yes, I didn't say anything, and we went to the mall together. That day became special in our friendship because it was when we really got close.

After the day at the mall, we started doing lots of things together, like going shopping, watching movies at her house, trying out recipes (especially cookies), dancing, singing, and much more. We laugh at everything because when we're together, it feels like everything is funny.

One of the things I never want to forget is our first trip together, to Balneário Camboriú. We had so much fun—we went to the beach, tried the zip line, and did lots of cool activities. It was a really meaningful moment in our friendship because we spent several days together and had to deal with a few small arguments from being around each other all the time, but that helped us understand each other better.

Her friendship means a lot to me because she helps me through many moments and is there for me during both the best and worst times, always supporting my decisions. We always have so much fun when we're together—even if we're just on our phones without saying a word, it still feels like a really special moment. And that's what our friendship is all about.

Ana Beatriz Petry Jacomin





ANA AND DANIEL

We met when we were babies—I was one year old, and he was four. Our parents are friends, and we lived in the same apartment building. Because of that, we grew up together, and this made us very close.

When I was six and he was nine, he moved to São Paulo. For five years, I forgot about him and his family. Then, when I was eleven, I met a boy at church. Later, I remembered who he was—it was Daniel. That was the restart of our friendship.

We like one thing in common: Formula 1. We love watching the races together and betting on our favorite teams and drivers. But there's a problem... he's a McLaren fan, and I'm a Ferrari fan. That's a big problem. We're rivals in everything we like!

His friendship makes me happier and a better person. He showed me what a true friend is. I hope he never moves to another city again because Daniel is a real friend, and I'm very thankful to have kept this friendship in my life.

Ana Clara Vitorino Domingues





ANA AND MAÍSA

Our friendship is very funny and special. One beautiful day, we started a TikTok streak. I don't remember everything exactly, but I think she was the one who sent the first photos and videos. We had planned to meet at school, but I was already home. Test week brought us together, and I never imagined we would become such good friends. I love her so much!

We have so many things in common. For example, we both love horses, and each of us has a farm too. We like watching series and painting Bobbie Goods. The only difference is that I play volleyball and she does gymnastics. She can be described in two words: smile and curly hair.

I have some questions for Future Ana and Maísa to answer:

Have you ever ridden a horse together?

Has one of you visited the other's farm?

Did Maísa meet Ana's dog, Athena?

Did I meet Maísa's parrots?

Did we go to the water park together?

Is our friendship still the same?

I hope our friendship lasts forever. Maísa is definitely someone I always want by my side! I want to always remember all our moments together, the good ones and even the not-so-good ones, because they made our friendship stronger!

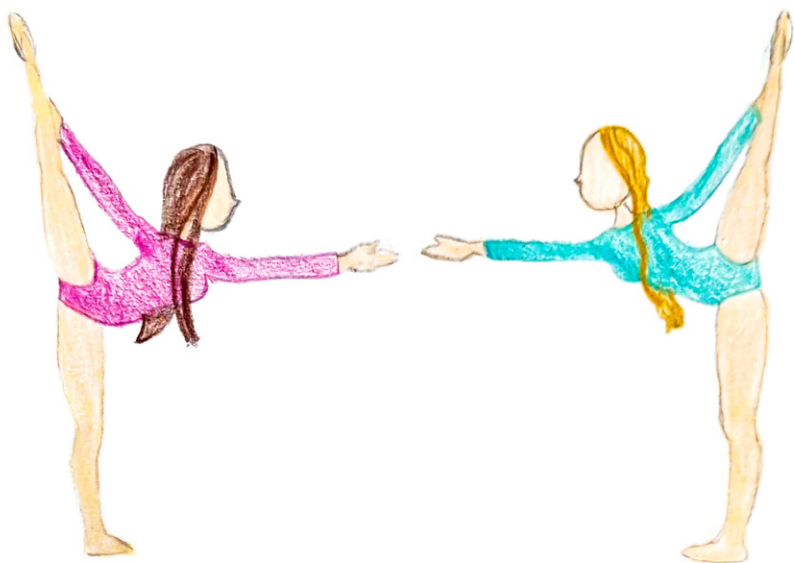
I miss not being in the same class as you, but I truly believe that doesn't change our friendship.

I love you so much. I adore your laugh. I love how you can make difficult situations feel so easy.

I'm sure Maísa will be my future maid of honor.

Thank you for everything, my friend!

Ana Livia Derengoski de Oliveira





ANA ROSA AND SOFIA

I first met Sofia on the day she was born, while I was just seven months old. We are cousins, and our moms always took us to play together. One day, Sofia started school, and I had to go as well. So we went to the same school, where we still study today—Sepam. That's where we became real best friends, when we were around 3 years old. Ever since, we've done everything together. She is like a sister to me.

We go to the beach, cinema, sleepovers, Beto Carrero, trampoline parks, pool parties, shopping centers—literally everything. We even have matching wheelie sneakers!

Sofia and I have already done, and are still doing, some sports classes together like dance, gymnastics, basketball, robotics, tennis, and others. We also love going to each other's houses.

But I think our favorite place is the Beto Carrero park, which we've been to together about seven times. Sofia and I love going there because it's so fun and special. My favorite attraction is the "Star Mountain" roller coaster, and Sofia's favorite is the "Pirate Ship." One time, Sofia's grandma brought their dog, Princesa, to Beto Carrero in her own stroller! It was very funny because she looked like a baby, and when we took photos with the characters, they all wanted to pet Princesa!

Sofia is my favorite person in the whole world. She's my best friend forever, and I want our friendship to last for the rest of my life. I trust her so much, and we have so many special memories together that I'll never forget. She definitely means a lot to me. I consider her a sister, and I can't imagine my life without Sofia.

Ana Rosa Scoczynski Ribeiro Martins



ANNA AND MARINA

On a sunny weekend, I was bored at home when I saw some children playing on the street right in front of my house. Since I had nothing to do, I decided to go out and play with them. While we were running through the street, I met a girl named Marina. She was very nice. We talked a lot and ended up becoming friends.

After that day, we became inseparable—the best of friends. We talked, we played, and even caused trouble together. Once, Marina had to deliver some pants to another friend who lived close by, but I wasn't allowed to leave the front of my house. Well... I did it anyway. When my mom noticed, we were already returning from the other girl's house. She was furious. But now we can all laugh about it.

There was an even funnier day. We were at another friend's birthday party, playing and laughing as always, when some boys got their ball stuck in a tree. They were desperately trying to get it down. That's when Marina and I had the brilliant idea to throw her shoe to knock it loose. What really happened was that her shoe also got stuck—and she had to go home without it. We laugh every time we remember that.

After some time, I moved away, which meant we couldn't play together every day anymore. But we never stopped being friends! Even without seeing each other all the time, we still share a bunch of great moments. Recently, for example, we went to a trampoline park and had so much fun!

Even though she's three years older than me, we always talk and laugh about everything. That's why I deeply believe Marina will be my friend for life.

Anna Julia Rocco da Silva



ARTUR AND LUIZ

I don't even remember how we met—Luiz just showed up one day like a bug in my life's code.

We went to the park because we were bored and had nothing better to do. Snacks, chaos, and dumb ideas—that's classic us.

One time, Luiz fell into the river while we were arguing about chips. One second, he was there; the next—splash! He stood up soaked, holding his shoe, yelling, "I meant to do that!" A duck swam by, looking more graceful than him.

He lifts me up, and I do the same. That's because that's what a good friendship is.

Artur Catossi Teixeira



BRENO AND JOÃO PAULO

When I arrived in Campinas, I went to play and met João Paulo. After practice, I went to talk to him, and we became friends. We formed an incredible friendship and started competing together. We even won.

To this day, we are still best friends. After he moved to another school, I didn't talk to him much anymore, but I still remember all the fights and the moments we shared together.

Breno Zaparoli Batista



BRUNO AND HEITOR

I met my best friend Heitor at Sepam School during Portuguese class. After that class, I realized he would become my very best friend. We play Roblox together and share cool memes all the time.

Whenever I'm bored, Heitor and I play a game I invented called "Coxinha." In this game, we have to throw the "coxinha" to each other and catch it, then throw it back again. It's simple but super fun.

Heitor and I talk a lot about games—like Roblox, Valorant, Fortnite, Murder Mystery 2, and Clash Royale—and about memes, especially ones related to those games. We laugh every day about something new.

One memory I don't want to forget is the day I went to Heitor's house, and we played Roblox in VR. It was awesome!

Bruno Preuss Perinazzo





CATARINA AND LARA

We met in fourth grade when no one wanted to pair up with Lara in P.E. class, and I ended up being her partner. After that, we started talking and became best friends. In fifth grade, she unfortunately changed schools due to personal reasons, and we drifted apart. I didn't even talk to her every day like I used to.

In sixth grade, I finally got her new phone number, and we started talking again in 2023. We would go to each other's houses, dance to Just Dance, watch horror movies, make gross pancakes, play Roblox together, and stay up really late. But then we drifted apart again halfway through the year, once more because of personal reasons.

After our "fight," we were able to talk again in 2024, when we planned to go to the movies to watch Inside Out 2. The movie was very good and funny. After the movie, we started talking again and planned to go out once more. We spent eight hours at the mall walking around, doing challenges in stores, watching movies, and testing makeup. After that, we went through many friend groups, and the ones who never drifted apart were always Lara and me.

Going back—the best day of September was when she invited me to her family's country house. I agreed. It was very fun. We ate barbecue, went in the pool, and some time after getting in, Lara cut her foot. She had to get five stitches a week later.

On my birthday last year, I invited her to have my mom's yakisoba for dinner with my whole family. It was really nice. One time, we were at the farm, and we played pool without knowing how to play—it was funny. We ate sweets and stayed in the pool all night. Everything I do with her is really fun.

Lara is going to be my best friend for life. I love her from the bottom of my heart.

Catarina Plem



CAUE AND GUSTAVO

Gustavo and I were good friends—maybe best friends. Our friendship started even before we were born. It goes back to our parents' time. My father was friends with Guga's father and mother. When my father and mother got married, my mother became very close friends with Guga's mother.

We only saw each other once when we were little, so neither of us remembers it. But after a few years, I reached fourth grade and changed classes. That was the best change of my life because I met my friends. Guga and I became very close friends.

I remember well when we created a new word, "babaia." Neither he nor I knew what it meant, but we kept repeating it a lot without knowing what the other was saying.

I've been to Guga's house several times, but I remember the first time very well. I was going up in the elevator with Guga's mother because he was playing upstairs. When we arrived, I said, "Hi, Guga," and he answered, "Hi, Caue." Three seconds later, he said, "Caue?" I answered, "Yes, in flesh and bone." We started laughing and then began playing. Then his mother asked if we wanted to go to the market with her. We immediately said yes.

Cauê de Proença Mendes





GUGA AND CHRIS

I don't remember exactly when we met. He used to play basketball for Positivo, and I play basketball for Sepam. Before this year, we used to play against each other, but in 2025, Guga moved to Sepam, and we started playing together for our school. We won the final and qualified for the interschool games.

At school, he and I played in the interclass competitions. We played basketball, volleyball, chess, beach tennis, handball, and more. Guga scored 12 points, and I scored 25 points in basketball. In volleyball, Guga scored 2 points, and I scored 12. In handball, he scored 2 goals, and I scored 9. At the end of the interclass games, we got 1st place and won a barbecue as a prize!

After that, we went to the Brazilian South Championship. We placed 3rd — we won 4 games and lost 2. When we came back to Ponta Grossa, we returned to school, trained, and rested. Then we played in the regional bracket of the interschool games. We won all the games. On 07/05/2025, we played the final of the regional bracket and won!

Now we'll go to the next phase. In the first game, we won 48–7. In the second, 34–29. In the third, 49–5. I hope our friendship never ends, because Guga is very nice and very good at basketball.

Christiano Dewulf



DAVi AND EDUARDO

I met my friend Eduardo in kindergarten. We sat at the same table, and we were bumping our ride-on cars against each other. We always played at school, running around and playing games, and if we couldn't find anything to do, we would invent something. We were inseparable; we understood each other without even exchanging a word.

When I went to his house, I found an Xbox 360. I had never played one before, so I was really excited. We laughed, played, and ate all afternoon. It was really fun. After that, our friendship became much stronger. We became best friends forever.

Nowadays, we talk a lot about games and historical things, and we really enjoy playing together. If we have any doubts about something, we always ask each other. We never hide any secrets, not even our most personal ones.

Our friendship is very important to both of us because we have been through problems together and funny moments too. I believe that every time I read something about friendship, I will remember Eduardo and me—that we have been friends since we were little and that we have grown together. I will always accept him as he is because to me, he is like a brother, even though we don't have the same mother. I treat him equally.

Davi Luiz dos Santos



EDUARDO AND DAVI

One day during recess, I met him on the school playground. We were playing with bumper cars, and I accidentally bumped into him. I thought he would get angry, but he just laughed. I laughed too. That's how we started—we began playing together every day. It wasn't planned; it just happened naturally. I became his friend, and he became mine.

We spent every recess together. We ran around, made up silly games, and laughed a lot. It didn't matter what we did—just being together was enough. It was the kind of friendship that felt light and easy. We understood each other without needing many words.

Later, he came to my house. We played on my Xbox 360, ate candy, and laughed. That day made our friendship very strong. It wasn't just at school anymore—it felt like a real friendship, the kind you keep forever.

If I read this again, I hope I remember how it all started. How one laugh turned into such a great friendship. I want to remember that happiness doesn't need much—just someone who likes being with you the way you are.

Eduardo Hey Francisco



ENZO AND DANIEL

Daniel is my neighbor who lives down the road from me. I met him on a weekend night. He often plays in the street with other boys, and I was interested in playing with them. So I did. I played with them for a while, and our friendship started at that moment.

After that, we invented lots of games like “Lord of Booms,” “Nerf Battle,” “Mafia,” “Monster School,” and “The Avengers.” When I can, I meet him to say hello. We talk quickly about school, life, and other things.

I don’t help him very much, but I support him when we are playing and other boys disagree. He helps me too, especially when there are arguments in the group. One day, we were playing tag in the court of the school down the road. There were four of us, so we made two teams: me and Daniel’s brother, and Daniel and another friend. My team had to run after the other team. We didn’t catch anyone—Daniel was so fast!

Some time later, we got bored of that, so they asked to go play at my house, which has a backyard. My mom let us play there. We played basketball, then we played Nerf war for a long time. Later, we played tag in the evening. When night came, we played video games in hotseat mode because we only had one controller. Around 8:00, the boys went home, and I had to clean up the mess.

This friendship taught me to have the courage to talk to other people and to respect others even when they are annoying. I hope I never forget the times we played, the games we invented, and all the fun we had.

Enzo Pissai Scoss



FER AND CAROL

I've known my friend forever because she's my older sister. When I was younger, she always took care of me and played with me. We get along well because we like the same artists, enjoy watching movies together, and we also like playing board games.

She lives in Curitiba, so sometimes I miss her. But whenever we go there or she comes here, we love spending time together. In fact, once I spent a whole week living with her—it was really fun, and we had a great time.

There are some videos from when she was 10 and I was 3. In them, she would help me climb onto the couch and then run away, leaving me there alone and unable to get down. While I cried, she laughed and ran around the house. Nowadays, we laugh about it together. She also told me that when we were younger, on the way to school, she would ask me if random places were the school. I would say no and laugh a lot because I thought it was really funny. That way, she distracted and calmed me while we were on our way.

She made me enjoy English more, as she always encouraged me to listen to music and watch movies in English. She also motivated me to build a reading habit. Of course, like all sisters, we sometimes fight and argue, but we always make up. After all, a sister is forever. And I hope we keep getting along and stay friends.

Fernanda Podgurski Gomes



FILiPE AND MIGUEL

I met Miguel at the school's sports competition. We started talking during the break, and because of that, he wanted to move to my class. This friendship gives me great memories because we are so similar. Miguel and I really enjoy playing sports together. We communicate through play.

I trust him completely because we are very alike in how we play and talk.

I want to remember Miguel playing sports, playing Brawl Stars, and having conversations with me in class for the rest of my life. Ever since we met, Miguel and I have done almost everything together.

There's one story about the time we went to the cinema with our friends—we laughed through the whole movie. There's also another story about when we went to the park to play football. I think it was mostly football, Brawl Stars, and conversations that brought Miguel and me together.

I've known him for one year, and I've never been to his house, but we often go to the cinema and the park. Because of this, we are very close. Our friendship doesn't depend on going to each other's houses. I'm sure that Miguel will help me through bad moments because of everything we've shared. Miguel and I are as thick as thieves. I hope that in the future, we'll always be friends, God willing.

Filipe Ruth Lopes



GABRIEL AND LUCCA

My friend is very cool. He has brown eyes and black hair. He likes many sports, such as soccer, basketball, and handball. He is not very tall. We know each other because our mothers are friends.

We do many things together, like playing basketball, studying, and more. When I am with him, I feel comfortable and free to talk. The story I want to share is when we went to Fazenda Park. It was very cool! We did a lot of things, like riding bikes, playing soccer, going on pedal boats, swimming in the pool, and more. We went to bed late.

We laugh at videos on TikTok, Instagram, and jokes. We support each other by encouraging one another and always being present. I value our friendship very much. It is a long friendship that started with our parents.

In this friendship, I have learned a lot about loyalty, companionship, and partnership. I will always remember the moments of fun and joy with my friend—the trips and the games.

Gabriel Zanoni da Matta





GABi AND MARI

We met in the most random way. Four years ago, I was at Guarani, waiting while my mom played beach tennis, when I noticed a girl arriving. She was probably my age. We greeted each other, but nothing else happened... until my mom's game was over and she told us to try to be friends. So, we started talking and quickly realized we were interested in the same things. Little by little, we became closer. After about a month of meeting up every weekend, we were already best friends.

Unfortunately, we didn't go to the same school, so we couldn't see each other very often. But that was never a big problem for us, because whenever we go out together, it feels like we've been gossiping every day.

One of our funniest memories was when we were at my house and decided to host a fake wedding — with guests and even a wedding ring!

Even if we don't talk every day, we have a special connection. Even when we're apart, our friendship doesn't change, and that's one of the reasons I want to stay friends with her forever.

Gabriela Modesto Silva Gubert



GABI AND ANA JÚLIA

I met Ana Júlia in 2017. Our parents are best friends, and we were going to have dinner at her house. At first, we were quiet, but once we found out we both liked horses and were going to a horseback riding event, we became friends.

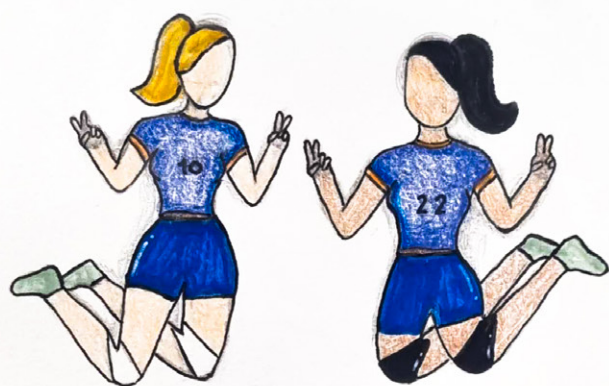
At the horseback riding event, we talked about everything. After that moment, we realized we had a lot in common, so we became best friends.

She is very funny and outgoing, and our friendship is very important to me. Since we met, it feels like we connected with each other. I love our stories. Also, our moments together are some of my best memories. For example, I remember when we were swimming in the rain pool after taking the horses to drink water, relaxing in the afternoon, then taking showers before my dad took us to the city so we could have ice cream.

One of my favorite traditions with her is when she stays at my house for weeks, like she is part of our family. We also have some weird traditions, like eating mango with salt.

Despite our fights, she is my best friend—someone I trust with my life, all my secrets, and even my embarrassing pictures. Our friendship is definitely one of my favorites, and I want to keep it for the rest of my life.

Gabrielle Laudares Esteves





GABY AND MALU

When I met Malu, we didn't like each other at first. Why? I don't know. We really didn't see eye to eye for any reason. We met in the second year of school, but we became friends last year. Malu is a person you can trust with your life.

She's confident, wonderful, and incredible. She is a good friend—I love her. Every day, we have break together. We gossip about everything. My laugh with her is the most genuine it can be. Being by her side is magical. She makes me feel happy when I'm sad.

I hope I never forget when she talked about the “secret person.” All our memories are so important to me. We talk about people we don't like, give each other advice, and share jokes... I really hope our friendship lasts forever. She is my volleyball duo. I think she is the best player I've ever met. She helps me with everything I need. I love her so much!

I want to remember our silly arguments, our gossip, and all the little things that make our friendship so special. We used to think that since Sakura and Ino, characters from Naruto, fought, we had to fight too, and so we didn't get along. But now, we're best friends!

We always support each other no matter what happens. I'm so lucky to have found such a true friend like Malu!

Gabryella Donadello Gava de Mello



GABRYELLE AND CASSIA

I met Cassia at school. I was the quiet girl in class who didn't talk to anyone, but she came up to me and started a conversation. That moment changed everything — we became best friends.

From that day on, we were always together. She even gave me a nickname: "ET." I don't really know why she picked that name, but we still call each other ET to this day.

We did everything together. I remember one time we went to a big playground. There was a bridge in it, and I always told her I was stuck on it. She'd come to help me, but one time, while helping me, she didn't see a hole behind her and fell into it! I just remember seeing her legs sticking up over her head — it was so funny.

She looked at me and asked, "How did you get out?" I ran away laughing, and she chased me, then dropped me to the ground. We laughed so hard, lying there together. Later, we went to play in the sand, even though she hates sand. I dropped her in it, and she got revenge by picking up a handful of sand and throwing it at me!

Cassia is my favorite friend. She's always been there for me, making me feel good and supported. She was my first real friend, and even though she changed schools, we're still friends today. I hope I never forget her.

Gabryelle Valentina Galo Antunes dos Santos



GIOVANNA AND ISABELLA

I met Isabella in 2022, when I started at a new school. I didn't know anyone and felt a bit alone. One day, I didn't bring lunch and was really hungry, and she offered me a piece of her bread. It was a simple gesture, but it meant a lot and started our friendship.

Over time, we became really close. We laughed together, talked about everything, and always supported each other. There weren't many girls in our class, but that only made our bond stronger. Isabella became someone I could truly count on.

Now we go to different schools, but our friendship is still strong. We text, share updates, and talk about the fun memories we've made. Even with the distance, she's still my best friend.

This friendship taught me the value of real connection. I hope I never forget how it all started, the care we've always had for each other, and how much she means to me. Even as time goes by, I want to hold on to all of this with love in this text.

Giovanna Vieira Labres de Melo



HEITOR AND BRUNO

In sixth grade, a new boy named Bruno came to school. When I saw him, I was super excited because he seemed friendly. On the first day, I started talking to him, and we talked a lot.

Last year, I changed classes, and I was sad because he was one of my best friends. But we still talked during recess until I had to go back to class. He was very happy, and we started talking again.

He came to my house one day, and we spent the whole day playing Roblox in VR. Since then, Bruno and I always play Roblox together or talk on a call.

Our friendship is very important to me, and we will never stop being friends.

Heitor Kobener Malaquias



HELENA AND CLARA

In my whole life, Clara has been one of my best friends. Since 2021, she has always supported me when I needed her, and for a long time, we haven't argued. The first time I saw her, I thought, "Ugh! This nerd," but now she is my best friend.

We rarely go out, but when we do, it's really cool. She is like a mother, always caring for me. I said we haven't argued for a long time, but before that, we argued a lot. We both have big egos, so it's not easy to apologize.

We don't have much in common. She plays basketball, and I hate sports. She studies a lot, and I only study on test days. She is very healthy, and I love eating strawberries with sweetened condensed milk. I see I need to change my habits. But we also have things in common. For example, I love my mom, and she loves hers too—just kidding, or maybe not. We love playing video games, doing self-care, listening to music, and we have similar personalities.

She is the friend who will support you. When I'm sad, she is the first person I go to talk to. Our friendship has improved a lot because we have been through so much together—four years. One day, we fought because I said "poor," and she said "low income."

To help me, Clara wastes hours of her life listening to me complain in her ears. She always comforts me when I need it, and when she is sad, I help her too. Our friendship is really healthy, and I hope we stay friends for a long time because we love each other so much.

To the best person I know, Clara.

Helena Rauber Borges



HELOÍSA AND LORENA

In 2025, I started at a new school, Sepam, where I made a lot of friends, including Lorena. At first, we didn't talk much, but we got closer during the afternoon study sessions. I went every Tuesday, and she was there. That's how Lorena became one of my best friends.

She and I have lots of memories together. I remember all the times we used to go to Jerônimo after class, and also how we would go in the afternoons just to watch JISPAM.

I really value Lorena's friendship. She is very beautiful, kind, and funny. She made me laugh so many times, even in moments when I didn't feel like laughing. I wish she could stay with me in 8th grade A.

In conclusion, I learned that we should value small friendships because they turn into big ones. And that's what happened with Lorena and me — now we're really close.

Heloisa Martini



HELOIZA AND AMANDA

One day, a new girl came to my class. It was her first day at school. After a while, she came to me and asked if I wanted to be her friend. I said yes. Later, she asked if I wanted to be her best friend. I accepted, and we have been best friends since that day. Our friendship is so good; it's one I want to keep for my whole life.

When we are together, we talk about our lives and other people's lives. We have the same opinions, which feels so strange sometimes. When she does something I told her not to, I first say, "I told you so," but then I help her.

Before we were born, my dad sent a wedding invitation to Amanda's parents without knowing that someday we would become best friends. With her, I am myself, without any filter.

Before she came to my class, I had a group of friends, but I always knew that wasn't my group. When she asked me to be her friend, I was so happy because I had always asked God and Jesus for a true friendship. I know God always knows what He is doing. God knew I wanted a real friend—not just strangers asking to join my group—because that wasn't what I asked for. But God gave me what I really needed.

I love you so much, Amanda. I hope I never forget our friendship, and I hope I can keep it for my whole life. I don't know what I would do without you.

Heloiza Chaves Domingues



HENRIQUE AND JOSÉ

I met José on the first day of primary school. He talked about soccer, and we played soccer together at school. This friendship is very important to me because it was my first friendship.

We played soccer, video games, hide-and-seek, and ran together. We talked about sports and games, and we laughed at the girls in P.E. when they fell. I helped him in math, science, Portuguese, and English, and he helped me in P.E. We supported each other in soccer.

I went to José's house once, and I fell. He laughed, and I cried. But afterward, we played video games and watched movies. This friendship was amazing and funny because we were best friends, and we laughed every day.

This friendship taught me to enjoy the time we have together because it eventually ends. I hope I never forget our memories—at school, in kindergarten, around the city, in the neighboring town, and at the restaurant. I hope my future self will be cool and brilliant. I want to be funny and joyful. I want to return to my city (Paranaguá) and visit my old house.

José was very important to me. He was funny, kind, and intelligent. In my life, he was the first person to make me laugh. I miss him and have good memories. Now he has traveled to another country, and I'm no longer in touch with him. But he probably remembers me, and I will remember him for the rest of my life—and I think he will too.

Henrique Mathiel Corrêa Honesko



iSABELLA AND SOPHiA

On the first day of school, I arrived and sat at the very back of the classroom. A girl sat next to me and said hi. We started talking, and we've been inseparable ever since. We've been in and out of different groups, but right now, we're in a group with Gabis and Ana Júlia.

One day, we went to a birthday party at a club in town. We decided to sneak into the pools, which were closed because it wasn't swimming season yet. When we opened the gate, it locked immediately. We walked around trying to find a way out, but all the doors were locked. So, we decided to jump the wall, but it was too high. Finally, we found a lower gate we could go over.

With Gabis' help, we jumped the gate and went back to the party. Once we were back, we had lunch and ate lots of ice cream.

Even today, I don't know how our friendship worked out since our tastes are so different. Despite that, I think our friendship will always be inseparable.

Isabella Ferreira Maciel



iSADORA AND LAURA

Laura, my cousin, has been my best friend forever, and I think it's strange that we are friends because she is three years older than me. For kids and teenagers, three years is a big difference. But even with many reasons not to be friends, we are very similar.

Laura and I have traveled many times together. We have “celebrated” Halloween every year since 2018. We play tennis together, and we meet at least twice a week. That means we are basically as thick as thieves. We almost never argue because when we are together, we don't talk about controversial or very serious topics. We talk about many different things. In the middle of a conversation, we might have already talked about five totally different subjects, and most of the things we talk about are weird and very funny.

When I'm with her, we laugh at everything—so much that one day I choked on laughter and spent about three minutes trying to stop. It was desperate!

This friendship is the strongest I have, and everything about it has to be remembered: the travels, the laughs, the conversations, the nonsense, and the special moments.

Isadora Delezuk Wosniacki



CHEN AND DAVID

My friend is so cool. His name is David.

We first met on a school field trip, on the bus, where he and I played Brawl Stars the whole time. When we finally arrived at the hotel, my friends and I shared lunch, but the people on the field trip split into two groups: one group had lunch, and the other group played in a playground.

After the first group finished eating, the groups switched places. Then, both groups continued with the field trip and finally arrived at the science park in Curitiba. At the park, there were many science projects, and we saw some very amazing things.

My favorite part was when we were exploring the ancient fossils section. But soon, it was time to leave, so my friend and I went to the bus and headed back to school. On the way back, we talked a lot and laughed until we arrived at school and then went home.

The next day, our friendship grew even stronger. I realized that David is very cool and loyal, and we've had many adventures together. Once, we went to do some work at his house, and we had a lot of fun. That's why I'm writing about him.

Jing Bin Chen



JOÃO AND EDUARDO

My friend is Eduardo. He's tall, strong, and smart. We met in preschool. He is very cool. I like agriculture and animals, and he does too. This friendship is full of memories because we do many things together.

My friend and I go to many places like shopping malls, restaurants, and farms. We talk at school, on smartphones, and in other ways. We laugh at videos of people tripping and falling. Sometimes we don't agree, but we always help each other whenever needed. The feeling of this friendship is very special and different.

We like this friendship because we are very close. We have been friends for a long time, and we enjoy going to each other's houses. I want to make many memories because, in the future, we will remember everything we did in childhood.

This message shows a little about our friendship. I think it's good to have a strong and cool friendship, and also to have a friend who is a partner and companion.

João Vicente de Oliveira



LARiSSA AND LAViNiA

I first met Lavinia at school in 2020. She was a new student at Sepam, and in 2021, I discovered we danced at the same dance school. We have been dancing together ever since. We talk about dance, boys, and school. I love her hug, voice, and mind.

When I'm with Lavinia, we only laugh at our jokes. If someone asked me, "Who is Lavinia?" I would say, "She is my best friend and the most important person in my life. If I had to choose one person to live with for the rest of my life, I would choose Lavinia." She has the most beautiful soul in the world. I feel honored that she is my friend. I can talk with her for hours, months, or even years!

I hope our friendship never ends. I can't live without our gossip sessions. She cares about me and gives the best advice—although most of the time, she says I'm dumb, but I love that!

In the future, I imagine us talking only about our husbands and daughters, sitting in my farmhouse, in my blue kitchen, laughing and remembering the good times we shared together!

Larissa Ribeiro Mauro





LAURA AND LAURA

We became friends in kindergarten, and we are best friends to this day. She is really funny. When we met in kindergarten, we liked that we had the same name.

When we were just kids, we played together with dolls and sand. Laura and I liked to play “The Mermaid and the Witch,” which is the name of a game we created. We also have another game called “Moon and Sun.” Today, we enjoy painting Bobbie Goods together and watching series. She isn’t my first best friend, but she is my first BEST FRIEND.

Laura is patient, kind, special, beautiful, and whenever I need her, she is around. I like to remember our memories and the best moments with her — the laughs, the smiles...

Laura and I enjoy playing beach tennis together these days. She’s so good, and I love learning more about it with her because she supports me a lot!

I just want to say “thank you” to her. Our friendship is so good. I will remember it forever, and I hope it stays this way forever.

Laura Deschk Lisbôa



LAURA AND LARA

I met her by chance. I was going to math class, and she was always there. I decided to sit next to her, and we started talking. Soon, we became best friends. Nowadays, she is one of my best friends and always makes me laugh. We talk a lot about everything, like boys and our days. With her, I always feel comfortable and happy.

Last year, we weren't as close because we didn't have time to talk. But this year, because our breaks were at the same time, we always see each other and get to talk.

In the future, when we are both in college, when we both have families, or even when we are two old ladies walking down the street looking for coffee to drink, I want to continue being her best friend. She is one of the few friends I want to keep talking to and take this friendship with me.

Lara, if you are reading this, know that your friendship is one of the most important ones I have.

Laura Ferreira Himenes



LAURA AND STHEFANI

I remember meeting Sthefani in sixth grade. I was in the library when a short girl with dark hair walked in and started talking to me—and to the librarian. I said I was going to buy some water, and she asked, “Shall we go together?” That’s how we started talking more and more and going out together. After that, we never stopped.

After we first met, I would sometimes see her at school in the afternoon. Then, when we started going to the mall together, we were always talking and laughing, sharing thoughts about life, love, and sadness. I love remembering those moments. I miss them so much, but life has gotten busy for both of us.

I really want to remember our laughs and the times we went to the mall. It was amazing, and with her, I always felt happy. An interesting thing about us, or about hanging out together, is that our little inconveniences were actually something cool about our friendship. The two of us always talked about people and the problems in our lives—friends, annoying people, and so on. But it seemed like we attracted unwanted people because we always ran into them, either at school or at the mall. It was funny but also annoying!

This year, she is going to be 15. My baby’s growing up! No... just kidding. I’m 13. Her birthday party is this month, and I can’t believe we’re so old. I love her so much, and I’m so proud of her. Seeing her grow and the person she’s becoming is incredible. I love Sthefani.

Laura Peres Cavaleiro



LAURA AND LAURA

We met in kindergarten and became best friends because we share the same name. Our friendship has stayed strong to this day. We thought it was amazing to have the same name—it was what we loved most about our friendship.

When we were just kids, we played games like “mermaid and witch,” “sun and moon,” and the game “stop” with her brother. One day, I was at her house, and we went swimming with her turtle. It was hours of fun. We put her turtle on the slide and hid it in the pool. What we feared the most was stepping on her. We also like to paint Bobbie dolls together while watching Clube das Babás.

Laura is intelligent, beautiful, patient, and very special to me. I like to start the day with her because I’m always happy when I’m with her. I want to remember all the good and special moments with Laura and me. Nowadays, we like to play beach tennis together. I find it amazing how dedicated she is. I think it’s incredible how fast she reads. I also love how she helps people when they need it, no matter the situation.

I just want to say “thank you” to her. Our friendship is so good. I will remember it forever, and I hope it stays this way forever.

Laura Zanoni da Matta



LAVINIA AND LARISSA

I first met Larissa in 2020, when I was a new student at Sepam. Larissa was the first person who talked to me that day. Then, in 2021, we started dancing at the same dance school, and we have been dancing together ever since.

I can tell Larissa everything. Between 2021 and 2023, we had an argument, but in 2024, we grew closer again. I think Larissa and I have a very special connection. She understands my feelings and is always there when I need her. It's easy to imagine us in the future, talking about our boyfriends, cats and dogs, and our homes. We think alike, and that's why we get along so well.

Larissa is the best friend anyone could meet. She is a very special person, and I couldn't ask for a better one. I would never forgive myself if our friendship ended. Our minds are connected. It's impossible to imagine my life without her gossip, our chats, our shared obsessions, sticker swaps, and even our shopping exchanges.

Every moment with her is so good. I want to say thank you to her for all of them. I love spending time with her, especially when we're at the mall, going to each other's houses on weekends, dancing together at the ballet festival at the end of the year, and for many other things we share. Every single thing is important because it's with her.

Lavinia Haas Ronchi



LAVINIA AND LUANA

Even with a six-year age gap between them, their connection is deep and true. This friendship began thanks to their parents, who have been friends since childhood. They practically grew up together, as if they had always been part of each other's lives.

Luana came first—calm, dreamy, and full of care. When Lavinia was born, she found in Luana a special companion. To Lavinia, Luana was a mix of sister, friend, and inspiration. To Luana, Lavinia was a small light full of energy. Even in different life stages, they always met halfway. While one was doing school assignments, the other was just learning to write. While Luana dealt with teenage dilemmas, Lavinia explored the world with curiosity. All of that only strengthened their friendship. Luana shared music, advice, and stories. Lavinia responded with laughter, games, and a sweet view of life. At family parties, they were inseparable. On trips, they slept in the same room, laughing late into the night.

In daily conversations, they shared secrets and plans for the future. Today, even with different routines, they remain present in each other's lives. Luana, now almost an adult, still finds in Lavinia a light and sincere companion. Lavinia, growing up more and more, still sees in Luana a role model and safe haven. The age difference was never an obstacle. In fact, it was a gift: it brought balance, exchange, and mutual growth. Because true friendships aren't measured in years, but in love, loyalty, and presence. Luana and Lavinia have all of that—and more.

Lavinia Panichi Santos



LAVÍNIA AND MAISA

Maisa is the best friend ever! She has taught me how to be more confident, focused, and just be myself. We met when our Portuguese teacher made me sit at the front of the class, right next to her. At first, I was super shy, but Maisa was so nice that we quickly became friends.

We started talking, helping each other with schoolwork, and sharing secrets. From there, we got really close. We are always calling each other, playing games, studying together, and chatting about everything. We laugh a lot and never run out of things to say.

Then came our first girls' night—it was amazing! We had tons of snacks, did our makeup, skincare, danced a lot, and laughed like crazy. After that night, we promised to hang out like that more often, and we still do.

I love her so much. She means the world to me. She is the kind of friend who is there when things get tough, who cheers me up when I am feeling down, and who always makes me laugh. She is someone I never want to lose.

We talk about everything—our dreams, crushes, school drama, and even what we want to do in the future. Sometimes we imagine living together, decorating our place, and just having fun all the time.

Everyone needs a Maisa in their life—but not mine, because I am super jealous! I am so lucky to have her, and I really hope we stay best friends forever.

Lavínia Philipovsky Manique Barreto



LEO AND ARTONI

When I switched schools, I met Artoni and Allan. We became best friends because we always ate together, pretended to be superheroes on the playground, and discovered life's different experiences together.

But not everything good lasts forever—Allan left the school, and we lost all contact with him. Years later, I was held back in school. I still kept in touch with Artoni, but very little. During the pandemic, we didn't see each other at all. But once I got to Elementary School 2, I started seeing him more often—at snack time, during class breaks, and especially in afternoon futsal training.

In training, we're the best duo. He's the goalkeeper, and I'm a defensive midfielder. We always defend against attacks from the opposing team together. When we have possession of the ball, I run forward, and he sends the ball to me—and I score. For a while, I trained on a team because he invited me. I didn't know anyone else, so on trips, we always stuck together, and I only trusted him on the team because the other boys were always messing around. The bus was chaos, so we laughed at everything that happened.

Another cool story I had with him was during a school game. We were going to face the best school of all, and all the starters except him and me were absent. He didn't know the other team's players, so he said we could win if we just played. I understood what he meant, but the game was really impossible. The first shot they took was a rocket into the corner. We did well to hold on—it ended only 5-0.

When we grow up, I want to remember the immortality of our friendship. No matter how much time passes, we'll always be friends. I'm proud of this friendship because we discovered, suffered, and overcame life's challenges together. And I can say with all certainty that he is my best friend.

Leonardo Guimarães de Almeida





LORENA AND HELOÍSA

At the beginning of this year, I met a new girl at school named Heloísa. She is very nice, funny, and beautiful. In a short time, we became great friends. Since then, we have had many adventures together.

One day, we spent the whole afternoon playing Roblox, together with my brother and another friend. At first, I wasn't very good at the game, but as time went by, I got better with their help.

Another time we had a lot of fun was at JISPAM. We watched several games and cheered for our class.

There was also a day when we were on a phone call with two other friends. Then we started adding more contacts to the call, younger and older, totaling about thirty people at the same time. It was really fun.

I recently changed classes at school. She was very sad, but even though we are in different classes, we are maintaining our friendship. We even colored a picture in the Bobbie Goods book together when we met at school. We also went to lunch together at Jerônimo's.

Last weekend, another mutual friend invited us to her house. We did a lot of fun things together, like playing, eating pizza, and taking pictures.

Even though we haven't been friends for a long time, I consider her one of my best friends. She's very trustworthy and always supports me in everything. There has never been a fight between us.

We should always value these great true friendships by showing our affection and giving support in difficult times because, when we need help, these friends will always be by our side to do the same for us. Friendships like these are essential in our lives!

Lorena Bentivenha Assis



LORENZO AND MARCO

My friend is called Marco, and he likes to play table tennis. I met Marco during my first practice session at school. We became friends after a table tennis match in the JEM (school competition).

We play doubles in Escolares and JEM. Together, we played many matches and won the silver medal at Escolares.

Something that makes me laugh is when we play games together on our phones.

I hope I never forget these great memories with my friend Marco—our games together and the good times. Thank you, my friend Marco.

Lorenzo Endler Horst



LORENZO AND LUCAS

I first met my brother Lucas at the hospital where I was born. He gave me a Batman action figure. This was the beginning of our great friendship. Nowadays, he is my best friend. Our friendship is very important because he is my support, my trust, and my comfort. He comes to my aid in hard times, and he makes me smile on sad days.

We always play video games together, as well as soccer and other sports. We usually laugh a lot, but sometimes we fight a little. In sad moments, we support each other, and we always have fun talking to each other.

One of the best memories I have with my brother was when we went to Rio de Janeiro to watch a Flamengo match at the Maracanã Stadium. That was an amazing experience. I will never forget it. So many people in the same place, chanting for the Flamengo players and wishing for the team's victory. The next day, we went to a museum called Museu do Amanhã, where I learned a lot about astronomy, nature, and the environment. This was followed, of course, by a visit to Copacabana Beach, which can't be missed.

Our friendship taught me to be loyal and true through good and bad times. Together, we learn to support each other, learn about ourselves, and strengthen our friendship through time, situations, and experience. I always thank God for his life.

Lorenzo Jan Van Santen Senchechem



LUAN AND VITOR

I first met Vitor at a tournament in Curitiba. At first, we were rivals because he played soccer for another team and had to beat my team to move on to the next phase of the competition. We became friends one year later, when I changed schools and started studying where he did.

We became best friends during my first year at another school. We played soccer together, played lots of games, and went to each other's houses every Saturday. But I didn't like that school very much, so in 2024 I moved to my current school, Sepam. We lost contact for a while, but our mothers talked every day on WhatsApp about our families and our soccer tournaments. At the beginning of this year, the team he played for disbanded, and he joined a new one.

One day, I went to his house to play hide and seek, but his little dog got out because his mom left the door open and it escaped. While I was hiding, I saw the dog on the soccer field and caught it.

The first time he came to my house, we were playing soccer when I aimed the ball at the goal—but I'm not very good with my feet—and the ball rolled under a car. We had to stop playing because a kid came and stole the ball.

I've realized that friendship is unexpected, and Vitor is one of the most special friends I have. I'll never forget the adventures we've had together. In the future, I want to remember how we were once rivals and became best friends.

Luan Patrick dos Santos Pruencio



LUCAS AND GIOVANNA

My friend is called Giovanna. We became friends during a video call in 2020, after an online class.

I joined a random video call in Google Classroom, and she was there. We started talking about random topics and found out that we like the same things. We both play the same games, for example.

At first, this friend didn't seem very special, but for me, she was. Whenever something bad happens to one of us, we start talking to each other. We only talk online because our parents don't let us meet in real life, but at least we can talk online.

Eventually, I had to leave the old school, but we still talk when possible. This friend taught me that gender doesn't matter; we can all be friends with people of different genders.

I really, really, really miss my friend. It has been five or six months since I last saw her in person, and I will probably never see her again.

Update: I am writing this on another day, and we met each other in a shopping mall. We hugged because we missed each other, and we started talking about what happened at school and in our lives. Now I am really happy because I met her again!

Friends are not simply who you talk to the most or spend the most time with, but who you trust and spend the best time with.

Lucas Manfron Vaz



LUCAS AND MATEUS

Mateus is my younger brother, born on November 28, 2017. I met him at a hospital very close to school, and I was happy because I had just gained a new brother. Years later, he finally got his act together and became a great partner for me.

We like to play soccer, board games, video games, watch TV together, travel, play as a family, and talk on the weekends. The weekend is the best time to play with my family. Sometimes we fight, but after a while, we make up again. One time, we were playing soccer at our grandma's house when suddenly my brother kicked the ball over to the neighbor's yard. When this happens, most of the time the ball disappears forever, and we get very sad.

Last year, we traveled to a water park located in Olímpia, São Paulo—the Thermas dos Laranjais. We had a great time; it was a wonderful place to play with family and, of course, with my younger brother. In 2023, we traveled to Beto Carrero World, located in Pinhais, Santa Catarina. We also had a great time; it was an amazing place to play with my family and my younger brother.

These are some of the main moments my brother and I have shared together, but there are many more. My brother is incredible, and I want to keep this friendship for the rest of my life.

Lucas Poglitsch Roza Pereira



LUCCA AND GABRIEL

I met my friend when I was in kindergarten in 2015, but our parents were already friends, so we only got closer because of that.

In 2020, we went to Mariscal together. We took a test and then traveled. The trip was wonderful. I remember that his sister was not feeling well; she threw up, and we had to clean the car. She even had to change her T-shirt. Anyway, we had a lot of fun, and that made Gabriel a close and special friend.

On our second trip, we went to Bariloche, where we became closer since we did many things together. Gabriel had his first experience with snow. I was happy because of that. I helped him with skiing. He fell many times, and we laughed a lot, but he kept trying until he got it. We talked about everything: people, places, family, food, and other friends. We like the same things, like soccer, basketball, and other ball sports. I have only good memories from this trip.

I made a real friend. This friendship has made me a better person. Gabriel is a good example of a polite person; he is someone I can trust. We really care about and respect each other.

I want to keep this friendship forever. I am lucky because I have a good friend. I really believe that when we find something important, we need to do our best to keep it. So I will try to preserve this friendship forever.

Lucca Pedrollo



LUIS AND MIGUEL

I met Miguel at JISPAM in 2024. At first, I found him a bit annoying, but then he turned out to be a great surprise. I don't know exactly how we became friends—one day, he just appeared in my life, really.

Nowadays, we talk every day. We play together and chat more than I ever expected, even more than with other people. We help each other when we feel unmotivated. Since we're in different classes, though, we only get to talk during lunch and at the end of the day.

I really like our friendship. It's very special, and whenever I need support, I know who to count on. I'm sure we will carry this friendship for the rest of our lives—we don't start anything lightly. I want to stay with him every day, every hour, always.

Thank you, Miguel, for appearing in my life out of nowhere and making me happy every day. You can count on me for anything, and I hope our friendship lasts until the end of the world, and that we study at the same university. You've been with me for two years now, so you're like a brother to me. We still have so much to experience, and I want to do it all with you.

Luis Gustavo Baggio Mongruel



LUiZA AND MARIELLA

I met Mariella at school in 2014, when I was 2 years old. We started playing together and talked about everything we liked. Our friendship began when she asked me to be her friend, and I accepted. She is very important to me because she is always here to help me when I need it, and I am always helping her too.

We used to do everything together, but in 2020 she had to leave the school, and I felt sad. During this time, even with the distance, we continued to be close. We traveled many times together, and it was always so cool. We even took ballet classes together from 2017 to 2018.

In 2017, we traveled together to Balneário Camboriú, and I liked it very much. We spent time at the beach, and we played together a lot.

In 2023, my friend Laura and I were going to PE class, but we forgot our hair ties in the classroom, so we went back to find them. When we were returning to PE class, I saw Mariella's mother. I was confused because Mariella was not studying at Sepam yet. We went to talk to her, and she said that Mariella would come back to our school. I was very happy and excited about this. So, last year, she came back to school.

We have been friends for 11 years, and she is very important to me because she has always stayed with me through bad and good moments.

Luiza Mazurek Sirtoli



MAiSA AND LAVíNiA

When I was in 6th grade, I sat at the first desk in class, and next to me was Lavínia Barreto. That's how we started to become best friends. Through classes and calls, she taught me how to do makeup, study, and how to be an amazing person!

Our first girls' night brought us even closer, with conversations, laughter, and so many candies. After that, I had a pool party at my farm, and we went swimming only at 9:00 PM!

Since that moment, we have not stopped having more girls' nights and pool parties. Lavínia is the best friend ever—so amazing and so much fun. I think everyone should have a Lavínia in their lives, but not mine, because I'm jealous!

With this text, I want to show how much I love being Lavínia Barreto's friend and how much I want to keep this friendship for my entire life. I hope that in the future, we never stop having calls, girls' nights, and pool parties.

I love you so much, Lavínia, and you are very special to me!

Maisa Safieddine



MARCO AND DAVI

I have always been the “older brother.” Davi loved sports and, since he was very young, didn’t care much about other things. Whenever I tried to do different things with him, he wouldn’t go along. He only wanted to play his own games.

As we grew up, we started to enjoy similar things. One day during a vacation, Davi and I were bored of watching TV all day, so we had the idea to play ninja. We put on things pretending to be ninjas—our goal was to scare our mom, who was organizing things on the first floor of the house.

So we went quietly down the stairs, slowly moving from one piece of furniture to another until we got close to her. We scared her—she was startled but laughed. We didn’t stop there. We went on to scare other people. We left the house and started looking for people to scare around the condo. We found some and scared them too. After that, we began exploring the condo to see if there was anything new. Then we decided to check out the woods nearby. We walked around but didn’t find anything until we went down further, near the wall, and saw a really strange corner.

As we got closer, we saw it was a sort of hole—not a round one like a machine would make. It looked handmade, all uneven, and seemed kind of new. We decided to take a closer look, but before we could, we heard a noise at the edge of the woods. It was two men dressed in black with their faces covered. Right away, we realized they were robbers, so we ran. Luckily, they didn’t hear us. We went straight to the gatehouse and told them what had happened. They checked the cameras—it really was robbers—so they called the police, and the men were arrested. After this, Davi realized that, even with my feet on the ground, I would always be by my brother’s side—for both the good adventures and the bad ones.

Marco Delinski de Mattos





MARCUS AND GUSTAVO

I met my friend Gustavo Viana when we were in 4th grade. We became friends because one day Guga was playing soccer by himself, and I decided to join him until my mom told us it was time to go home.

When Guga and I are together, we play sports like soccer, American football, handball, Brawl Stars, and Among Us. Every time we meet, we end up with a different injury. A good example of this was on his birthday when we played so much soccer that our legs hurt for two whole days.

The first time he came to my house, we spent the entire afternoon playing games on the Xbox 360 and Kinect. When night came, we went to eat at Madero, and after we got home, we watched some movies before going to sleep.

I intend to keep this friendship into adulthood. I really appreciate knowing that I can trust him with anything; he is a very important person to me. Even though he lives in another country, we still talk a lot.

So, I would like to say: thank you so much for always being such a great and supportive friend. You will always be my best friend!

Marcus Vinícius de Oliveira Miranda



DAIDA AND VALEN

I met my best friend for the first time when I was 4 years old. She doesn't remember it, but I do. We were in the same ballet class. We actually didn't talk much then, but I remember that she was my friend. Later, I had to quit the ballet classes, and so we lost contact.

Years later, in 2023, we met again—this time, in the same class at school. Now, we're still friends and we talk about everything.

She's my best friend, but we don't always agree. She prefers anime while I prefer romantic shows. We argue sometimes, but we remain close, and I hope our friendship will continue after school because it means everything to me.

I have other friendships that are important too, but I don't know what I would do without this one. One day, I gave her a necklace with half a heart, and I bought the other half for myself. I did this to remember our friendship forever.

This friendship has taught me that no matter our differences, we can overcome them together. I love our friendship. If I could sum it up with two symbols, they would be the sun and the moon. She's the sun—fun and exciting—and I'm the moon—a bit shy and introspective but also intense. She helps me shine, and I love her so much. I think I always will.

Maria Eduarda Antunes Luz



MARIA AND CLARA

Clara is my best friend. I met her at school, but at first, we didn't talk much. One year later, we looked like sisters, doing everything together.

Nowadays, we talk online because she moved to another state, but every day I send her something. We like to play Roblox on a call and talk about things that happen to us and the people around us. I can tell her all my secrets.

I think our funniest moment was when we were playing volleyball in a circle with another friend at a sports club. A woman walked by right when I hit the ball badly, and it ended up hitting her foot! We were so embarrassed, but after she walked away, we couldn't stop laughing. It was really funny.

She came here at Easter, and it was so much fun. When I saw her after almost two years, we gave presents to each other and had a great time. We stayed up until 2 a.m.! There was also a day when we had another sleepover, but it's been a while since then. All I can remember is that we didn't even watch the movie we were supposed to because we spent the whole night laughing!

I love Clara so much, and I hope we can live in connected houses in London, like we've always dreamed. I also wish that we can stay best friends forever and that our sons and daughters will follow our friendship. She completes me, and I can't imagine my life without her.

Maria Eduarda de Figueiredo Penteadó de Moura Jorge



MALU AND GABY

We met in 2nd grade, but we only became friends in 7th grade. At first, we didn't like each other. I honestly thought she was a little stuck-up. Over time, though, I realized she was actually cool, responsible, and really funny. She's the one who makes me laugh the hardest. She became my best friend.

We play volleyball, have lunch together, and hang out a lot. We laugh about everything—even the wind! We always help each other. I give her advice about both the good and bad things in life.

One story I want to remember is from 2nd grade, when she broke my fidget toy. I asked her to replace it, but she ended up breaking her favorite one trying to make it up to me. Another time, we both wanted the same stickers, but there was only one sheet. So, we tore it in half and shared it.

This friendship has been one of the most important in my life. Gaby has taught me so many good things. Friendship is one of the most important parts of being human—it teaches you how to be a real friend. I never thought I'd have a friend like Gaby, but now I know I can count on her for everything.

Maria Luiza Candido Roth



KESSLER AND RENATA

I first met Renata back in 2024. It was my first day at a new school. Renata entered the classroom screaming when she saw me in class. Then she got embarrassed and left the room, but a few minutes later, she came back and sat near me.

We became friends because she sat next to me, and we started talking every day. We sit together during recess and gossip a lot. We enjoy ourselves, paint our nails together, and sometimes cry about love. I spend all my days with her. We talk about boys, makeup, and lip products for her. We laugh at memes from TikTok and funny moments at school. We give each other advice. When she is sad, I try my best to make her smile.

This friendship is everything to me. I hope we're still talking when we grow up because she means everything in my life, and I can't live without her. I hope we never forget the moment we met and became friends because that moment is very important to me—our fights, our "I love you," and our moments together.

Maria Luiza de Oliveira Kessler



MARIANA AND CLARA

Clara and I met in 2015 when I was in preschool. At first, we didn't really like each other. We talked a little, but we weren't friends. During class, Clara and I would sometimes talk, and I even kind of wanted to be partners with her for activities, but I was scared she would say bad things about me afterward because she used to say mean things about me.

At the end of third grade, I started playing basketball. Then, at the beginning of fourth grade, Clara started playing basketball too. Because of the game, we had to talk to each other during practice. I got the courage to ask her to be my partner one time, and she said yes, so we partnered up and actually got along really well. We started laughing a lot, and it was really fun. After a while, we became best friends. I even went to her house once, and it was a really cool experience.

By the end of fourth grade, we became best friends, and we still are. Clara is in ninth grade now, and I'm in eighth because she's really, really smart. A year ago, she had a birthday party sleepover. It was so much fun. We laughed a lot, and it was one of the best things I've ever done with her.

Now, Clara and I talk about life, help each other out, and talk all the time on WhatsApp, during recess, at school, and at practice—everywhere.

The message is: it doesn't matter how you met someone, but what you experience with them. Clara is the one person I tell everything to, and at first, we didn't even talk.

Mariana Schactae Prusnei



MARIELLA AND LUIZA

I met Luiza on my first day at school in 2014, when I was only 2 years old. It all began when I asked her to be my friend, and she said yes. We have been friends ever since. She is very important to me because she helps me in every moment, both the bad and the good.

Many things have happened between us since then: we have traveled, spent vacations together, had lots of fun, played games, chatted, gossiped, and gone to the cinema. In 2017, I traveled for the first time with Luiza. I remember that every day we went to the beach and played the whole day. We only stopped to eat. In the evening, we went to her apartment or mine, and after dinner, we played for the rest of the night. This repeated every day. I really enjoyed it, but nowadays, we don't travel together anymore.

There were also difficult moments. One example was when we stopped talking to each other outside of school. I felt bad, but after three years, I came back. I remember that my first day back was one of the best days of my life.

We laugh at funny videos and talk about books—she loves books, but I hate them. We talk a lot about people, movies, and life. I want to remember all the happy moments I've had with her. One example is when I went to Luiza's house with Heloísa and Lorena. That day, I laughed a lot and enjoyed every second.

Mariella Martins Vendrami Vardanega



MARINA AND ANA

In 2024, I approached a girl who is very special to me today. Her name is Ana, Ana Beatriz. She had already started school in 2023, but we didn't get along very well at first. I sent her the first message in March 2024, and after that, we became very close! We had both fought with our old best friends, so most of the time, we spent it together. She finally called me to go to the mall, and that's when it all happened—we became best friends!

Ana always sleeps at my house; she practically lives with me. We go to the mall together, to restaurants, and to clubs too. We talk about many things, like series and movies, school stuff, and what we're going to eat when she is at my house.

We laugh at memes, gossip about people being embarrassed, and at each other's crazy ideas. I feel very happy and comfortable when I'm with her because whenever we're together, we always think the same way.

I will always want to remember a magical moment in our friendship—when we traveled to Balneário Camboriú. There, we did many different and cool things. We met Lucca Pedrollo, a friend of ours. We went to a carnival block and walked alone through the streets, very afraid of being robbed. We went down the zip line straight to Laranjeiras beach. On this beach, we rode a Big Flyer, which was a unique experience. I want to go back with her to visit Beto Carrero, go on the roller coasters, and enjoy all the attractions. We got sunburnt so badly that we were very red, like red peppers.

Well, this is our story—forever, Marina and Ana.

Marina Fanchin Lopes



MATHEUS AND RAFAEL

Friendship is one of the most precious gifts life can offer, and the bond between my best friend and me is a perfect example of that. From the moment we met, there was a special connection that only grew stronger with time. We have shared laughter, tears, dreams, and even silence—and somehow, all of it brought us closer.

My friend is the kind of person who always knows how to lift my spirits. Whether I'm going through a hard day or celebrating a great moment, he is always by my side. His kindness, loyalty, and understanding are just a few of the reasons why I cherish our friendship so deeply.

We support each other in every step of life. We've faced challenges together and learned valuable lessons along the way. Of course, there have been times when we disagreed, but those moments only made our friendship more real and mature. True friends don't have to be perfect—they just have to be present.

Some of our best memories were made in the simplest moments: talking for hours, going for walks, watching movies, or just being there for each other. Those memories are treasures I carry with me every day.

In a world that's constantly changing, having a friend like mine is a true blessing. No matter where life takes us, I know our friendship will remain strong because real friends are never apart—maybe in distance, but never in heart.

Matheus Miranda Borges de Oliveira



MIGUEL AND LUIS

I met Luis at JISPAM in 2024. At first, I found him a bit annoying, but after that, he became a great surprise. I don't know exactly how we became friends, but one day, Luis just appeared in my life.

We talk every day, play, and joke around a lot, making fun of everything—more than I ever imagined, even more than with other people. We help each other when we feel unmotivated. Since we are in different classes, we only get to talk during breaks and at the end of the class.

I really like our friendship. It's very special, and whenever I need support, I know who to count on. I'm sure we will carry this friendship for the rest of our lives—we don't start things lightly. I want to be with him every day, every hour.

Thank you, Luis, for appearing in my life out of nowhere and making me happy every day. You can count on me for anything, and I hope our friendship lasts until the end of the world and that we study at the same university. You have been with me for two years now. You are my brother for life. We still have so much to experience, and I want to do it all with you. I appreciate how loyal you are, and I really love you.

Thank you for everything, Luis.

Miguel Rodrigues Kanawate





MURiLO AND THIAGO

I met my friend Thiago at church. That's where we talked for the first time. We became best friends, and he came to my house.

We always do new things together. We studied at the same school for two years. When the 2018 World Cup started, we went to each other's houses to exchange stickers and watch the matches.

Time passed, and we created a YouTube channel to make random videos about soccer. Because of this, our friendship grew stronger. That was very important for me and for him because it motivated us to keep being friends and to have new experiences and adventures together, like organizing a championship in a soccer game, for example.

All of this is part of a great friendship. It makes me realize that friendship is important for me and for everyone around the world.

I will never forget the moments when we were happy or sad. I want this friendship to never end.

Murilo Bibiano Penha



MURiLO AND MURiLO

I first saw Murilo on the first day of school. I started practicing futsal with him and other friends. Over time, I began to fit in. We went to each other's houses, played sports, and played video games. We started talking about what he likes: sports, games, and airplanes.

For a while, we stopped talking, but later we started again. I stopped training futsal with him, but sometimes I still go to practice. I joined a team, and he wants to join too. I think he will join the same team as me. We help each other, mainly with football.

I got to know him better through classes, parties, and other events. I didn't know much about what he liked at first, but then I learned more. There were times when I started talking to him a lot at school.

One very fun day was at my birthday with him and other friends. We played futsal and soccer. We set up a kind of championship and played hide and seek. We enjoyed that day. After that, we did other things together.

I think we will be more than friends. He helps me in many situations. There have been moments that made us laugh a lot and feel very happy. I'm sure we will have a lot more fun. Since I talked to him the first time, things have been different.

Murilo Fernandes Monteiro



PEDRO AND LEO

I first met Leo in 2015 at school because we were in the same class. We often talked at school and messed around a bit.

Speaking of messing around, outside of school, I played soccer and other sports with Leo and my friends. We are together for sports, birthdays, and group projects. We help each other with tests, too.

The best day of our friendship was Halloween of 2024 at Leo's house. At first, Leo and I, along with some other friends, played soccer and hide and seek in the forest. Then, we took a break and went trick-or-treating. We managed to fill a bag full of candies.

Leo and I help each other with homework, and he helps me with school subjects. Whenever I visit Parque dos Franceses, I see Leo. Leo and I laugh with our friends at school, in sports, and at our get-togethers.

Pedro Lucas Vieira Krum



RENATA AND KESSLER

It was the first day of school in 2024. I was very excited, so I got ready and went to school. As soon as I arrived, I went to see the class list. I was in room 8 and saw her name there. I went to my room, entered, and said hi. There was only her; she was sitting at the last desk in the back. I immediately asked her, “What’s your name?” She answered, “Maria Luisa,” and replied, “And yours?”

That little conversation was enough for us to create a huge friendship, but nothing is perfect. In June, there was a huge fight. She distanced herself from me and my other friends. I was very upset. We didn’t talk; she avoided me. Finally, the holidays arrived, and until then, we hadn’t spoken to each other—until she sent me a message apologizing, and I accepted it.

Little did we know that in 2025, we would need each other like never before. The year 2024 came to an end. Unfortunately, many of our friends left school, and it ended up being just the two of us. I was sad, and without even thinking twice, I changed classes. At first, it was good, but later I regretted it a lot. She was very sad that I left, but that was good because we saw how much we needed each other, and this little distance only strengthened our friendship.

Renata Marcatto Kapp Costa



SOFIA AND ANA ROSA

Ana is like a sister to me. We are cousins. I first met Ana Rosa in 2012, when I was born, but we really became friends when we entered Sepam in 2015. Our mothers always took us to each other's houses to play.

We do many things together, like going to the gym, going shopping, going to the beach, and going to Barra Velha (to Beto Carrero, to be specific). We've been there about seven times. There, we have fun, play, and eat. That's why we love going there so much. Besides all this, we have already done sports together, like gymnastics, tennis, basketball, dancing, and others.

Our families are always together, from Christmas to Easter and Carnival. For example, we celebrate Christmas at my godmother's house, where we have dinner and give out presents. Once, Santa Claus came to give us presents at Christmas dinner, and it was a very fun day—one of the best days of my life.

I trust her a lot. I want this friendship with her for the rest of my life. We have many stories together that I will never forget. She is definitely my best friend.

Sofia Victoria Scoczynski Orlonski



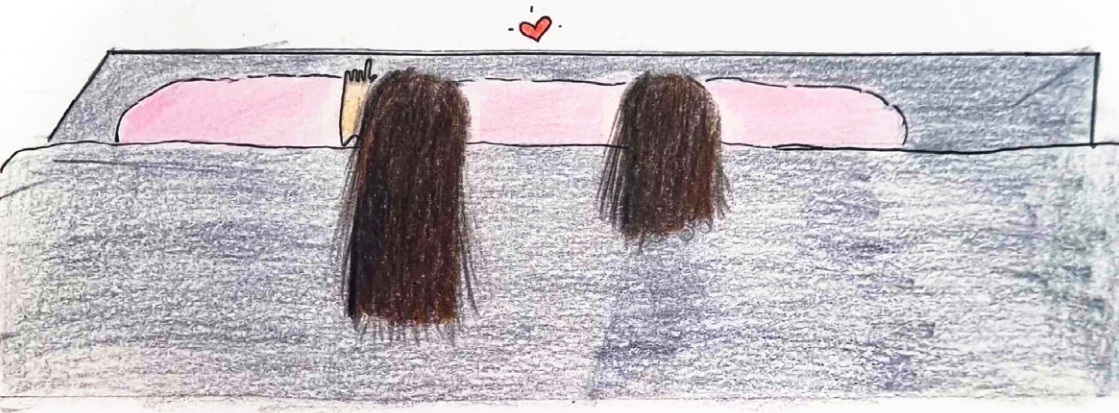
SOPHIA AND CECILIA

I've been part of a choir for about two years. When I first joined, my teacher told us we would travel to Castro for a performance. I was really excited! At that time, I only had one friend in the choir, and we had planned to sit together on the bus. But on the day of the trip, as we got ready to leave, my friend didn't show up. I felt sad and nervous, not knowing who I would sit with.

Just when I was losing hope, a girl came up to me and asked if I wanted to join her and her friend in a row of three seats. I said yes, of course! The girls sitting in front of us were also really friendly and talked with us during the ride. After a while, we were all still a bit hungry, even though we had already eaten. One of the girls in front, named Cecilia, kindly shared her snacks with us. That small gesture made us so happy.

When we arrived in Castro, we had a great performance. On the way back, I invited Cecilia to sit with me, and we spent the whole trip talking. Since then, she has become one of my best friends. That day started with disappointment but ended with a new and special friendship.

Sophia Staichak





TALITA AND VANESSA

I first met my sister when I was one day old. She's my older sister. Today, she's sixteen, and I'm twelve. I love her, even though we sometimes get mad at each other. But the "fights" don't last. We are closer than friends.

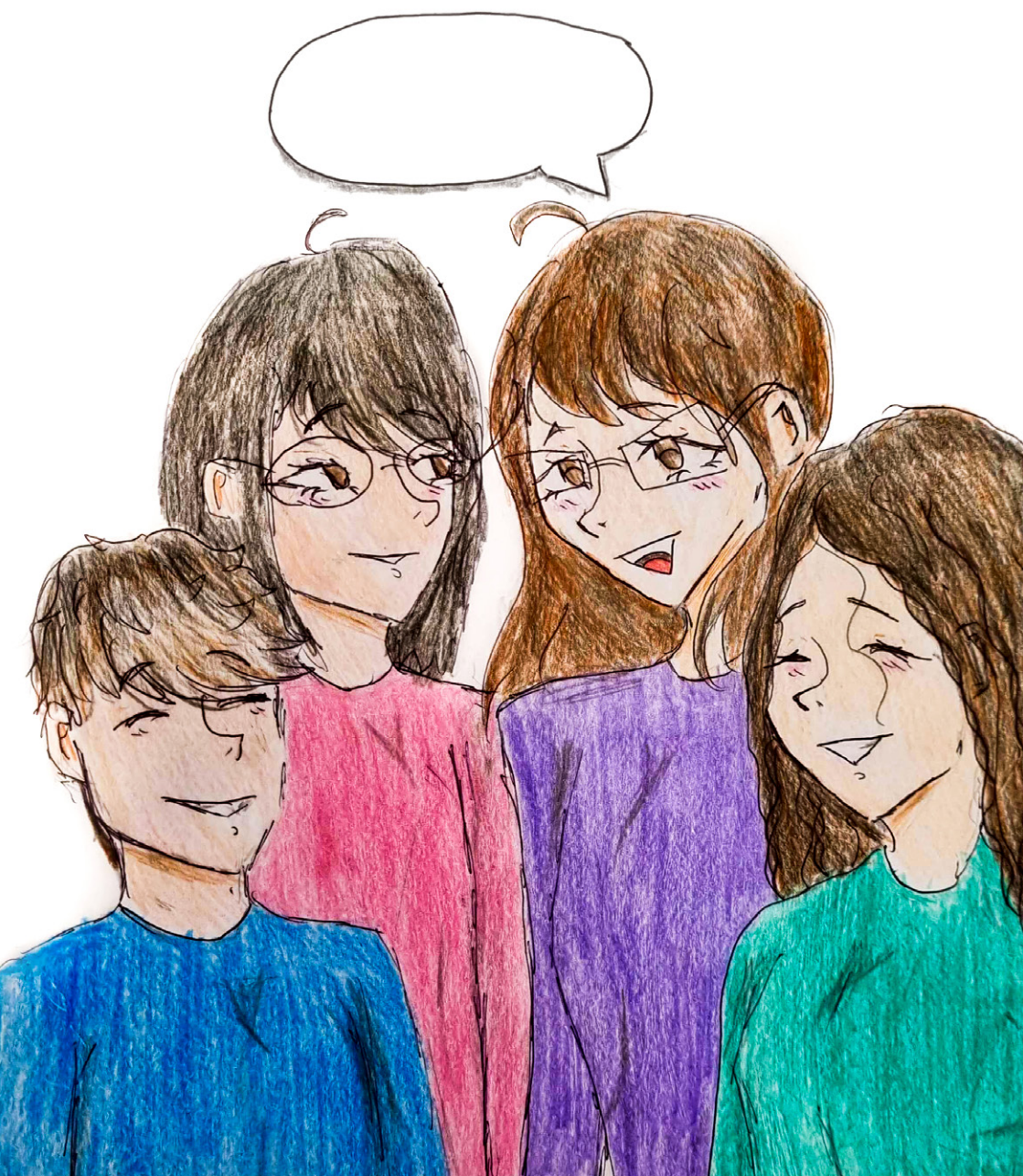
She and I like to watch movies together. A few days ago, we watched One Hundred and One Dalmatians. Vanessa and I also used to watch Korean dramas, but Vanessa doesn't have much time now because she is in the last year of high school, and the school subjects are more difficult for me too.

As sisters, Vanessa and I laugh at many things, such as: "Look at your funny face in this photo!" or "Look at this meme!" Vanessa and I have lots of memories together, like: "Do you remember the day when one of our puppies jumped into the neighbor's backyard?" "Yes! But luckily nothing happened to the puppy, and we rescued him!"

This story is real, and it is just one of many others. When I read this a few years from now, Vanessa and I will have more stories to tell, and I'll probably not remember all the memories we have now, so this text is good to preserve some of them. I hope I never forget to ask for forgiveness when I'm wrong and to help her when she needs me.

As the song goes: "You can count on me like one, two, three, I'll be there..." 'Cause that's what friends are supposed to do" (from "Count on Me" by Bruno Mars). I love this song.

Talita Ribeiro dos Santos





VALEN AND DAIDA

I met my best friend in the playground in 2022, in 5th grade, in my group of friends. They were from another classroom. We had just created a new game to play. The game was about stealing each other's dolls and protecting our own. It was really fun!

I was in another class, but in 6th grade, I moved to a different classroom, and in this class, I found Daida. She had also been in another classroom, but she moved to the same class as me. By coincidence, we ended up together.

Daida is so smart, beautiful, and careful. We talk about everything, and our conversations are always very nice!

Sometimes I go to Daida's house, and she comes to mine. We play Minecraft, Mario and Sonic Olympic Games, and a lot of other things. It's very fun to go there, and I will never forget it. A few days ago, we went to the cinema and watched Minecraft. It was very cool and funny. We laughed a lot. This story reminded me of when we were playing Minecraft and she got lost, so I had to find her.

She likes romance a lot. I won't deny I like romance a little, but I prefer action and science fiction—they are interesting and exciting.

Daida and I are best friends forever. Nothing will stop us. Even though each of us will follow our own different paths, we will not separate, and we will always stay the same. I will never forget her friendship in my life!

Valentina Marcela Neves Fernandes



VALENTINA AND GIOVANA

I have had a friend since I was three years old and she was two years old. I don't know how our friendship started, but she has been in my life for as long as I can remember. She is very important to me, and I love her.

Giovana and I do everything we want when we are together. We talk about everything—our family, other friends, series, movies, our secrets, and many other things. I feel I can tell her anything without worrying about judgment. She knows my deepest secrets, and I know everything about her. We laugh about stories, TV programs, and choices we made together.

We support each other in every way we can, with motivating phrases, suggestions, and helping one another. Our friendship has many feelings and stories, and I can't tell them all, but we have love, smiles, joy, and trust.

This is a friendship I never want to forget. It has taught me that I can trust others and be a more expressive girl. I don't want to forget her because in the future I'll have a confidante, someone to talk to, to drive with, and to do everything with. I want to remember what we do together, what we've taught each other, and why we are friends. She is a "part of me," my Horcrux, and she shows it by helping me when I'm happy, sad, angry, or falling in love. With her, I feel better and without problems, with one of the best people I can be with.

I want her to know she can count on me for everything: every feeling, secret, and problem. If she is happy, I'm happy; if she is sad, I'm sad. And if she needs anything, I'll be there for her like she is for me. I'll be there for her, and she can count on me for all our lives and forever!

Valentina Pacholok Mereles



ViTOR AND BERNARDO

Bernardo and I have been friends since we first saw each other. We both enjoy sports and exploring new places. He has always been there to encourage me to be the best I can be.

I am very blessed to have him and his friendship. It is a great source of joy and motivation.

Bernardo is not just a friend or a fellow adventurer but a brother. I value our friendship, and I look forward to sharing many more adventures with him!

Vitor Pereira Schmidt



ViTÓRIA AND MEi

Mei and I used to study at the same school, but I had to change schools in 2023, although I sometimes go to her house. We have the same qualities, the same nature, and creativity. Mei is important to me because she understands me just the way I am, and we have had this friendship for a long time.

On Sundays, we always go to Guarani Club to have fun and play together. On warm days, we dive into the swimming pool. One day, I even invited myself to her house to play video games. We talk about everything. We gossip, badmouth other people, talk about our day, watch videos of people tripping and falling, and more.

Mei and I also help one another when we are feeling bad or in need of help. The best story we share is when our history teacher at school was telling horror stories, and it caused our classmate to vomit. We burst out laughing, and I have to admit we made fun of him after that. Our friendship is built on love and shenanigans.

My friendship resolution is: value your friends and enjoy them as much as possible because friendships don't always last forever. Mei is very special to me, and I hope I never forget what we have been through together.

Vitória Beatriz Burgardt